## October

## 2019

## Lunch Menu

**First Impressions Academy** 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 **Any Meal can be substituted for a Turkey Sandwich and Chips	30 Baked Ziti Roll Salad	1 Chicken Nuggets Salad Tator Tots	2 Mac and Cheese (not kraft) Fruit Cup	3 Turkey Sandwich Chips Cucumber Slices	4 Homemade NY style Pizza Apple Sauce	5
6	7 Hamburger Fries Apple Slices	8 Chicken Quesadilla Corn	9 Beef Hot Dog Baked Beans Fruit cup	10 Chicken Patty Tator Tots Orange slices	11 Homemade NY Style Pizza Salad	12
13	14 Meatballs in red Sauce Fruit Cup & Roll	15 Grilled Cheese Mandarin Oranges Pretzels	16 Ham and cheese Sandwich Baby carrots Chips	17 Chicken Alfredo Roll Broccoli florets	18 Homemade NY Style Pizza Salad	19
20	21 Chicken Nuggets Tator tots Orange slices	22 Cheesy Rice and Grilled Chicken Cutie	23 French Toast Sticks Turkey Sausage	24 Chicken Salad Croissant Fruit	25 Homemade NY style Pizza Apple Sauce	26 All meals are made fresh daily nothing is fried!
27	28 Baked Ziti Roll Salad	29 Chicken Patty Tator Tots Orange slices	30 Chicken Quesadilla Corn	31 Ham and cheese Sandwich Baby carrots Chips	Nov.1 <sup>st</sup> Homemade NY Style Pizza Salad	Notes: Payments may be in cash or check. Please make checks payable to JP's Jump Masters

Lunches must be ordered with 24 hours notice

Lunches are \$4.50 each or \$20 for an entire full week (M-F in the same week)